

OPTIONAL EQUIPMENT LIST FOR EXTENDED BACKPACKING TRIPS

This list is provided as a suggestion for campers who may be interested in extended backpacking trips. We realize that much of this gear can be expensive and encourage you to borrow, or, if necessary purchase from surplus or second hand stores.

Highly Recommended

- durable internal or external frame backpack (2500 cu. inches or more)
- hiking boots (already worn in, good ankle support)
- mid-weight synthetic long underwear (top and bottom)
- wool/synthetic hat
- wool/synthetic top
- wool/synthetic bottom
- 2 pair wool/synthetic socks
- stuffable sleeping bag
- insulating ground pad
- water bottle (32 oz)

Recommended

- sunglasses
- synthetic sock liners
- tarp or packable rain gear