

## OPTIONAL CLOTHING AND EQUIPMENT LIST FOR EXTENDED BACKPACKING TRIPS

If your camper is interested in trying out an extended backpacking trip (for campers age 12 and up) we encourage them to bring any of the items listed below. However, we also have gear that you can borrow from camp if you don't have your own.

### CLOTHING

Comfortable sturdy shoes (eg. hiking shoes, hiking boots, or tennis shoes)

1 pair of lightweight comfortable clothes to hike in:

- 1 shirt
- 1 pair shorts

1 pair of lightweight comfortable clothes for evenings:

- 1 long sleeve shirt
- 1 pair comfy pants (eg. sweatpants, leggings)
- 1 warm jacket

hiking socks

swimsuit

sun hat

warm hat

### EQUIPMENT

Durable internal or external frame backpack

stuffable sleeping bag with stuff sack

insulating sleeping pad

2 water bottles (32 oz)

sunglasses

light rain jacket